



## Pre-Activity for Career Jumping

1. Introduce Career Jumping to the students:

**What is Career Jumping?** Career Jumping is a career exploration activity that will help students learn more about career pathways related to a broad pathway (Health & Human Services, Engineering/ Manufacturing/ Technology, Arts & Communications). The event is designed to help students gain a brief understanding of a wide range of careers.

During the activity, students will talk with approximately 8-10 professionals, in groups of 3-5, for around 8 minutes each. Students will learn about each professional's education and career background, as well as the skills needed to be successful in a particular career. After 8 minutes, they will rotate to another professional.

2. Share the list of professionals they are likely going to talk with (provided by PREP-KC). This list may change so it's likely students will not talk with the exact professionals on the list. The purpose of sharing the list is to give them an idea of the types of professionals they will talk with.
3. Have students brainstorm questions they would like to ask professionals:
  - a. In groups of two or three, have students think together about what they would like to ask the professionals.
  - b. Have one student write down the questions for their group.
4. Have students share out what questions their group came up with:
  - a. Capture one question at a time from each group. If students have a question similar to one that has already been shared, have them share another one or add a checkmark to the question that has already been shared. Continue having groups share out one question at a time until all of the questions have been recorded.
5. [Pass out the pre-written list of questions](#) provided by PREP-KC (after students have brainstormed their own questions).
6. Ask students to add 2-3 questions from the class "Brainstorming List" to their question sheet. If doing activity prior to day of event: Make sure they right their name on their question sheet. Collect all sheets so you can hand them out to individual students the day of the Career Jumping.
7. Review appropriate behavior for the experience (ie- don't forget to shake professionals hand, make good eye contact, no ear buds/ cell phones, etc.).
8. If there is time, do a mock experience with a group of students for them to practice asking their questions/ shaking hands.

### Teachers role:

- a. Complete pre-activity to prepare students before the event
- b. Help facilitate conversations between students and volunteers
- c. Help keep track of time for each speaker to keep rotation schedule on time
- d. Ensure students maintain respectful manner and ask appropriate career related questions only